

Relationship, and Health Education at Crofton Infants

EYFS



Relationship, and Health Education at Crofton

Infants



Relationships Education in primary schools should teach the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other peers and adults



Four main themes

Our bodies

Relationships and family life

Growing up

Keeping safe



What will RHE look like in
Nursery and Reception?



RHE: Nursery & Reception



- **Reception content**
- Seasons and change
- Life stages in plants, animals and humans
- Where do babies come from?
- Getting bigger
- Me and my body
- Looking after my special people
- Looking after my friends



RHE

- **Sample Learning Activities**
- Role-play how you can help your special people at home
- Read a book together about getting bigger
- Using the pairs cards, match up the baby animal with its adult equivalent
- Invite a midwife in to talk about her job
- Draw pictures of a friend. At the bottom of the picture write how they look after that friend or how their friend looks after them



More Information

- We have been trialing SCARF an RSHE education package.
- They provide a range of activities to support parents at home, if you would like to see more I will put the link in the chat
- The draft policy for RSHE is now on the website for parents to view
- Please can you complete the short survey with feedback with regards to the meeting. Thank you.
- <https://www.smartsurvey.co.uk/s/CQQTLZ/>
- <https://www.coramlifeeducation.org.uk/scarf-at-home-keeping-happy-and-healthy-during-lockdown>

