

## **RSHE**

### **RSHE Teaching at Crofton Infants' School**

#### **Intent**

We intend to provide a whole school PSHE curriculum that builds foundations of health and wellbeing, providing crucial skills and positive attitudes to enable children to achieve their best potential, academically and socially. We want our children to develop and deepen their personal, social, emotional development in ways that are tailored to their age group, whilst also expanding on their previous knowledge as they progress through the school.

Our intention is for our children to learn about themselves as developing individuals and as members of their communities, building on their own experiences and experiences of others. The children are encouraged to be brave in their learning, and take risks knowing that God is with us, inspired by our school vision (Joshua 1:9).

We aim to provide a safe space for the children to learn PSHE, providing them with the ability to make safe and informed choices, taking responsibility for their actions, respecting and valuing difference and being the best that they can be. Children will learn to show acceptance of others regardless of their background, religion, race, gender or sexuality, and develop their understanding of others.

#### **Implementation**

### **Learning from the Early Years Foundation Stage through to Year 2**

SCARF, standing for Safety, Caring, Achievement, Resilience and Friendship is mapped to the PSHE Association programmes of study. It is centred on a value based, 'Growth Mindset' approach and is divided into six half termly units. The units are tailored to each year group under the following themes:

- Me and My Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being my Best
- Growing and Changing

**The units are taught through a spiral curriculum, being explored in greater depth and resources being tailored to each age group.**

- Every teacher uses the SCARF online resources, which include lesson plans and additional resources for use.
- The British Values are also embedded throughout the curriculum where possible.
- As well as using the SCARF scheme, we also use assemblies to discuss matters such as ‘random acts of kindness’, anti-bullying, e-safety, mental health and wellbeing etc.
- Weekly SCARF assemblies focus on the key drivers of PSHE and the 6 themes as detailed above.

### **Impact**

The impact of a meaningful PSHE curriculum supports children to become happier, have a positive outlook about school, and life as a whole. They have a better understanding of rules and responsibilities, which enables them to handle setbacks and disagreements. We celebrate our children’s successes in all the 6 areas of SCARF in assembly, this supports children in recognising and understanding the school values and the fundamental British values that are core to our society. Children have a safe space in the lessons in which to discuss their feelings, opinions and develop their emotional intelligence. We continuously assess the implementation and impact of our RSE curriculum in order to achieve the highest outcomes possible across all year groups and ensure we provide the support that is necessary for all children to have a good understanding of the complexities of relationships and a secure knowledge and skills base to navigate their way through these, now and in the future. Through our RSE curriculum, we believe we can enhance children’s education and help them to become confident individuals who have positive body awareness, an in-depth knowledge of how to keep themselves safe and healthy and who will, through respect, tolerance and understanding, forge and maintain positive relationships with a diverse range of family and friendship groups.

[Please find the SCARF curriculum here](#)

[Family Scarf website](#)